Air one is the best christian station that I have ever heard. I am 15 years old and it means a lot when people care about spreading the word about Jesus Christ. I am in highschool, and I see a lot of bad things going on. Air 1 reminds christian teenagers that they are not alone and that we need to be good witnesses for the non believers. Air 1 helps us to focus on God instead of Justin Timberlake and Brittany Spears. Justin and Brittany, among other people, are not very good examples of the way teens should act. Air 1 is a station that helps to give good examples and teaches everyone about Jesus Christ. Air 1 helped my sister to come to Christ and I have a feeling that she isn't the only one. Air one is not only good for music, it's also good for the soul.